



Physical Education Policy (PE)

Queensbridge Primary School

February 2026

Renewed: February 2026
Adopted: March 2026

The value of PE within our curriculum

Our vision for PE at Queensbridge

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Intent

At Queensbridge Primary School, our aim is to ensure all children enjoy and are engaged in Physical Education and Sport. Through Physical Education we develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential. We aim to ensure that the children's experience of Physical Education is positive and motivating.

Implementation

At Queensbridge Primary School each child receives 2 sessions of curriculum time PE on a weekly basis, which is carefully planned and mapped out to ensure a broad and full range of skills and activities. We use My PE Passport which includes detailed plans supported by videos and resources, designed to be fun, challenging lessons in line with the National Curriculum.

EYFS

Pupils in EYFS (Early Years Foundation Stage) are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

At Queensbridge, we ensure all our pupils are provided with opportunities to perform and begin to work in groups. This provides an opportunity to apply the fundamental movement skills they have achieved through body management, manipulation and coordination, speed, agility and travel ready for KS1.

KS1

Building upon the fundamental movement skills acquired in EYFS, pupils in KS1 will be continue to develop fundamental skills, becoming increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. As the pupils move through KS1 there is a strong emphasis on mastering the basic fundamental movement skills. The basic fundamental movement skills are, running, jumping, throwing and catching. Pupils will continue to develop balance, agility and coordination. Across KS1 pupils will participate in team games enabling the pupils to begin to develop simple tactics for attacking and defending and provided the opportunity to perform dances using simple movement patterns. Pupils across KS1 are engaged in competitive, both against self and against others, and co-operative physical activities. These are within a range of increasingly challenging situations.

KS2

In KS2, pupils continue to apply and develop a broader range of skills building on previous knowledge. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and

collaborate with each other and develop an understanding of how to improve in physical activities. There are opportunities across the year for children to take part in inter and intra school competitions, where children's successes in sports are celebrated.

SEN Unit

Children accessing the SEN Unit at Queensbridge have access to PE activities which develop gross and fine motor skills within their physical capabilities. This is delivered through a range of exercises and games eg BOCCIA with equipment and facilities adapted to suit individual needs.

Swimming and Water Safety

We endeavour for all our pupils at Queensbridge to be competent, proficient and confident swimmers over a distance of at least 25 metres by the end of KS2. Pupils should be able to use a range of strokes effectively and perform safe self-rescue in different water-based situations. All pupils are given the opportunity to receive swimming provision through the use of a pop-up pool on the school playground.

Health and Safety

The health and safety of our staff and pupils is vital during PE. We ensure the pupils consider their own safety and the safety of others at all times during teaching. We ensure they arrive at school in their agreed PE clothing for each PE day. Teachers are to set a good example by wearing appropriate clothing when teaching PE. Pupils are shown how to use the equipment safely, how to move it and how to ensure that it is stored away. The equipment is checked regularly by the PE lead to ensure that it is safe to use and will be checked again by staff before it is used in a lesson. In addition, an annual safety and maintenance inspection is carried out by an approved PE equipment specialist to ensure the equipment is safe to use. Equipment and resources are regularly replenished to prevent any potential barriers to high quality lessons and provide a range of activities and sports. If a child is unable to take part in a PE lesson due to an injury or doctor's recommendation the teacher will task them with more of a coaching/tactical awareness role within the lesson, enabling them to take part.

Assessment

Teachers assess pupils in PE by making formative assessments as they observe them during lessons, these assessments are in line with the success criteria for each unit. Teachers can use photographs and videos to create an electronic portfolio of evidence for each unit on My PE Passport.

Chair of Governors_____ Date_____

Headteacher_____ Date_____