

School Anti-Bullying Policy- LA Model Policy



Queensbridge Primary School

Reviewed: March 2026

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Anti-bullying Policy

Introduction

Bullying in any form will not be tolerated at Queensbridge.

Bullying is behaviour which has the intention of hurting another person. Bullying results in pain and distress to the victim, and is characterised by the distress and anxiety exhibited by the victims.

Bullying can be:

- E - Emotional - being unfriendly, excluding, tormenting (eg. hiding books, threatening gestures)
- P - Physical - pushing, kicking, hitting, punching or any use of violence
- R - Racist - racial taunts, graffiti, gestures
- H - Homophobic because of, or focussing on the issue of sexuality
- V - Verbal - name-calling, sarcasm, spreading rumours, teasing
- C - Cyber - All areas of internet ,such as email & internet chat room misuse
- M - Mobile threats by text messaging & call
Misuse of associated technology, i.e. camera & video facilities

All stakeholders in school have a duty to report incidents of bullying to the headteacher. Each incident is recorded and data monitored and reported to Governors in the Headteacher's Report.

Response to bullying incidents:

School records each incident and may respond to an isolated incident through discussion with both the bully and the victim. In the case of repeated incidents or where the victim is presenting with a high level of distress or anxiety the school will use the 'No Blame Approach' devised by George Robinson.

This approach is characterised by the following sequence of actions:

1. The victim creates a record of the way they are feeling. e.g. a picture or a poem
2. A group is formed that consists of the bully/bullies, the children's friends/children they would like to be friends with and some children chosen by a staff member as good, kind and reliable. Typically, the group will be 8-10 children and does not include the victim.
3. The group is shown the record of how the victim is feeling and given the task of turning the situation with regards to feelings round. At no point is the bullying incident mentioned, it is all about having a positive impact on the way the victim feels.

4. Each member of the group makes a statement beginning with "I will...." that says what they personally will do to help improve the victim's feelings. These are not recorded and it is explained that the group will get back together soon to see how things are going.
5. The group gets back together to discuss how the victim is now feeling and the statements are repeated or new ones created.
6. After 6 meetings the victim again records their feelings and this is shared with the group. If the process has been successful the group can cease to meet if not the process can be repeated.

If, during this time a child was continuing to repeatedly bully the victim, school would use the behaviour policy to put in levels of intervention appropriate for level 2 and 3 types of behaviour.

The victim would also have access to support from the school learning mentor if they were continuing to exhibit anxiety or distress.

Bullying data will be monitored at committee level by the governing body.

Headteacher_____ Date_____

Chair of Governors_____ Date_____

March 2026